



**CITY OF FORT LAUDERDALE  
City Commission Agenda Memo  
REGULAR MEETING**

**#26-0549**

---

**TO:** Honorable Mayor & Members of the  
Fort Lauderdale City Commission

**FROM:** Rickelle Williams, City Manager

**DATE:** July 2, 2026

**TITLE:** Motion Approving the Second Amendment to the Agreement for Employee Health Center Administration with Marathon Health, LLC - \$279,891 on an Annualized Basis - **(Commission Districts 1, 2, 3 and 4)**

---

**Recommendation**

Staff recommends the City Commission approve the Second Amendment to the Agreement for Employee Health Center Administration between Marathon Health, LLC, and the City of Fort Lauderdale, in substantially the form attached, for an additional \$279,891 on an annualized basis.

**Background**

Marathon Health, LLC (“Marathon”) delivers primary, preventive, and acute care as well as wellness services, disease management, health coaching, and a limited generic formulary prescriptions to City Health Plan (“Plan”) members, including City employees, retirees and their families enrolled in any of the City’s health plans (CAM #23-0227). As part of Marathon’s ongoing commitment to providing high-quality care for Plan members, provider capacity is proactively monitored. Provider capacity measures the ratio of schedulable patient time to utilized patient time; an optimal range of seventy to seventy-five percent (70-75%) enables providers to complete essential administrative duties such as clinical documentation, chart review, referral coordination, and patient follow-up outside of direct patient care hours.

For the 2025 calendar year, providers at the City’s Health Center maintained an average monthly capacity of eighty-six percent (86%), with approximately 531 appointments per month and a total of 6,377 appointments annually. Around twenty-one percent (21%) of these appointments resulted in external referrals to specialists, requiring providers to dedicate additional time to submitting referral requests, transferring medical records, and assisting patients with scheduling. The Health Center received 13,591 incoming calls throughout the year; however, 5,240 calls, or thirty-nine percent (39%), were not answered, as Medical Assistants also fulfilled responsibilities including patient intake, biometric screenings, and laboratory blood draws.

To bring the provider capacity back to an optimal level, Marathon has requested an

increase in staffing to include an additional twenty-four (24) hours per week for an advanced practice provider in the role of a Nurse Practitioner or Physician Assistant. This would increase the Nurse Practitioner/Physician Assistant staffing from 1.8 full-time employees (FTEs) to 2.4 FTEs. The cost of this increase is \$199,900 on an annualized basis, commencing as of the date the Nurse Practitioner or Physician Assistant begins providing services.

Marathon has also recommended the implementation of the following operational efficiency service options to enhance provider capacity, resulting in an annualized total cost of \$79,991.

- Value-Driven Referrals - \$50,752 - Marathon's referral team will initiate same-day or next-day outreach, assisting patients in provider selection, record sharing, and appointment scheduling. Marathon will furnish the City with comprehensive reports covering referral volume, loop closure rates, estimated procedure cost savings, and specialty visit quality scores.
- Patient Support Team and After-Hours Care - \$29,239 - A centralized patient support call center facilitates appointment scheduling, addresses inquiries, provides incentive information, resolves service escalations, and offers comprehensive patient assistance during standard Health Center operating hours. Patients may contact a nurse outside Health Center hours for urgent care concerns; the after-hours nurse will direct patients to the most appropriate care based on the issues presented, including referral to the Emergency Room, Urgent Care, or a next-day appointment.

**Resource Impact**

There will be a fiscal impact to the City in the amount of \$279,891 annually, which is the total cost of the additional staffing of \$199,900 and operational services of \$79,991 to this contract year. This would increase the annual fee from \$1,387,296 to \$1,667,187.

<i>Funds available as of May 7, 2026</i>					
ACCOUNT NUMBER	COST CENTER NAME (Program)	CHARACTER/ACCOUNT NAME	AMENDED BUDGET (Character)	AVAILABLE BALANCE (Character)	AMOUNT
10-545-9070-519-50-5199	Benefits Admin	Non-Operating Expenses /Other Self-Insurance Claims	\$40,396,355	\$33,141,620	\$279,891
<b>TOTAL AMOUNT ►</b>					\$279,891

**Strategic Connections**

This item supports the Press Play Fort Lauderdale 2029 Strategic Plan, specifically advancing:

- Guiding Principles, Fiscal Responsibility

This item advances the Fast Forward Fort Lauderdale 2035 Vision Plan: We Are United

This item supports the Advance Fort Lauderdale 2040 Comprehensive Plan, specifically advancing:

- The Internal Support Focus Area
- Implementation Element
- Goal 1: The Fort Lauderdale Comprehensive Plan shall accomplish the City's Fast Forward Fort Lauderdale 2035 Vision Plan regarding the City's future growth and the six Cylinders of Excellence and shall be the City's primary policy document to guide all of its activities and development.

### **Attachments**

Exhibit 1 – Amendment #2 to Agreement for Employee Health Center Administration

Exhibit 2 – Marathon Services Review with Staffing and Services Proposal

Exhibit 3 – Signature Authority

---

Prepared by: Michaelynn Sampo, Human Resources Manager – Benefits,  
Human Resources

Department Director: Jerome Post, Human Resources