



**CITY OF FORT LAUDERDALE  
City Commission Agenda Memo  
REGULAR MEETING**

**#19-0044**

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**TO:** Honorable Mayor & Members of the  
Fort Lauderdale City Commission

**FROM:** Chris Lagerbloom, ICMA-CM, City Manager

**DATE:** January 8, 2019

**TITLE:** Motion to Approve Client Specific Network (CSN) Administration  
Agreement with Cigna Health and Life Insurance Company

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**Recommendation**

It is recommended that the City Commission approve a Client Specific Network Administration Agreement with Cigna Health and Life Insurance Company, in substantially the form attached, to include the City's Health and Wellness Center as a specific network provider.

**Background**

As the City of Fort Lauderdale's third party administrator for the self-funded health plan, Cigna is designated with providing a network of health care providers for members to choose. Cigna's selection process for providers includes quality of care review, credentialing background checks, as well as negotiating discounts off charges. In addition, Cigna also organizes claims data into aggregate utilization data and meaningful reports that assist the City with managing the Health Plan benefits and costs.

The City's Health and Wellness Center, managed by Marathon Health, is not included in the Cigna broad network and only available to members covered by the City's self-funded health plan. Currently over 62% of the employees are using the Health and Wellness Center for primary care and related services.

Staff is recommending that Cigna add the Center as a client specific network provider for the City's self-funded health plan. Inclusion of the Health Center in the Cigna network will integrate the utilization of the Health Center into the Cigna reporting system. This integration will also allow Cigna to capture and streamline the activity required for the wellness incentive payments, now available to all City employees participating in the MotivateMe Wellness Program. These activities provided at the Center include biometric testing, health assessments, annual wellness exams, health coaching and preventative screenings.

Cigna is requesting that the Client Specific Network Agreement be executed by the City

authorizing them to add the City's Health and Wellness Center operated by Marathon to their network of providers.

**Resource Impact**

There is no fiscal impact associated with this action.

**Strategic Connections**

This item is a *Press Play Fort Lauderdale Strategic Plan 2018* initiative, included within the Internal Support Cylinder of Excellence, specifically advancing:

- Goal 12: Be a leading government organization, managing our resources wisely and sustainably.
- Objective 1: Ensure sound fiscal management.

This item advances the *Fast Forward Fort Lauderdale 2035 Vision Plan: We Are United*.

**Attachment**

Exhibit 1 – Client Specific Network Administration Agreement

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Prepared by: Michael Naftaniel, Human Resources

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