#### FY 2017-2018 PUBLIC SERVICES FUNDING APPLICATION

Date Submitted by Applicant:	2/17/17				
Date Received by City:					
	APPLICANT IN	FORMATION			
Organization/Agency Name: Womer	In Distress of Brow	ard County, Inc.			
Funding Requested: \$50,000		Number of Clients To Be Served: 50			
<u>Select One</u> Public Service Activity / C	Category Name Belo	w:			
<ul> <li>□ Economic Empowerment/Develop</li> <li>□ Education Program (including chi</li> <li>⋈ Emergency Food and Shelter Prog</li> <li>□ Grassroots Community Projects in Neighborhoods</li> </ul>	ldcare and the like)	☐ Health Care and Substance Abuse Program ☐ Recreation Program ☐ Other (Identify the Activity / Service: Click here to enter text.			
Select one HUD National Objective by Benefit to low- and moderate- inc  ☐ Aid in the prevention or elimination ☐ Urgent Need	ome (LMI) persons				
Address Where Public Service Activi	ty To Be Administe	red: 4700 NW 3 <sup>rd</sup> Ave, Deerfield Beach, FL 33064			
Primary Contact Person: Karlene Chung		Title: Grant Specialist			
Agency Address: 4700 NW 3rd Ave		City: Deerfield Beach Zip Code: 33064			
<b>Phone #:</b> (954) 760-9800 <b>Fax #:</b> (954) 832-9487	0-9800 E-mail: grants@womenindistress.org				
Printed Name of Authorized Official	Signing: Mary Ried	el			
Title of Authorized Official Signing:	President and CEO				
<b>Employer Identification Number (EI</b> 59-1592524	N):	Dun & Bradstreet Number (DUNS) <sup>1</sup> : 09-608-9552			
CENTRAL CONTRACTOR REGIS	TRATION (CCR) <sup>2</sup>	⊠Ves □ No			

PLEASE NOTE: CDBG funds cannot be used to purchase equipment, machinery, software or vehicles.

<sup>&</sup>lt;sup>1</sup> All recipients who are awarded federal funding must have a DUNS Number. To request a DUNS Number, access: <a href="http://mycredit.dnb.com/establish-your-business/">http://mycredit.dnb.com/establish-your-business/</a>

<sup>&</sup>lt;sup>2</sup> All recipients who are awarded federal funding must be registered on the CCR website prior to receiving a grant. Once a DUNS Number has been obtained you must register at <a href="https://www.sam.gov/pertal/public/SAM/#1">https://www.sam.gov/pertal/public/SAM/#1</a>

# **TABLE OF CONTENTS**

	PAGE
Section 1: Executive Summary	3
Section 2: Statement of Need	4
Section 3: Program Description	6
Section 4: Program Benefits	13
Section 5: Agency Information and Management Capacity	15
Section 6: Financial Information	19
Section 7: Performance Indicators	24
Section 8: Applicant Certifications	29
Attachment A1: IRS Letter confirming the Non-Profit Organization tax exempt status	3●
Attachment A2: Articles of Incorporation	31
Attachment A3: By Laws	32
Attachment A4: Occupational License (if required by the City, County, State or Federal Government)	33
Attachment A5: Proof of zoning from the municipality (ensure your project is zoned for its location)	34
Attachment A6: Board of Director Resolution or agency lettered authorizing the submission of the CDBG application	35
Attachment A7: Proof of project address (deed, lease, etc.)	36
Attachment A8: Signed W9 form	37
Attachment A9: Vendor Central Contractor Registration (CCR) Verification	38
Attachment B1: A list of the agency's Board of Directors	40
Attachment B2: Audited Financial Statements for the past 2 years (if applicable for your agency. If not applicable, an explanation is required.	41
Attachment B3: A copy of the most recent agency audit / monitoring report (if applicable). If not applicable, an explanation is required	42
Attachment B4: Organizational Chart	43
Attachment B5: Resumes of key staff involved in the administration of the CDBG grant award	44
Attachment B6: Conflict of Interest Statement	45
Attachment B7: Evidence of current funding commitment/funding match from other funding sources	46
Attachment B8: Evidence of sufficient funding to carry out project, if awarded by the City (e.g. current bank / investment statement)	47
Attachment B9: If applicable, attach homeless statistical data	48
Attachment B10: If applicable, Instructor Certificates, Approved Curriculum.	49
Attachment BII: Additional Attachments	50
Attachment Alo: IRS 990	39

#### Section #1: EXECUTIVE SUMMARY (limit 2000 characters)

Include a project overview of the services to be provided and the planned recipients (target population(s)) of the service (i.e. youth, homeless, disabled, etc.).

Women In Distress (WID) is the only nationally accredited, state-certified, full service domestic violence center in Broward County, established in 1974. Operating as one of the largest domestic violence centers in Florida, WID is committed to serving all living in unsafe situations due to domestic violence. Services provided at WID are confidential and offered at no cost to survivors of domestic violence no matter their age, gender identity, race, religion, mental or physical disability, veteran or military status, immigration status or socio-economic standing.

Women In Distress utilizes the following services to meet the needs of individuals and families affected by domestic violence in our community:

- Emergency Shelter: Survivors are provided shelter for up to 90 days including, food, transportation, advocacy, therapy, counseling, and clothing. Last fiscal year, WID provided 29,973 nights of shelter and supportive services to 704 survivors, a 6% increase from the previous year. Approximately half of the survivors served in the emergency shelter, a 9% increase, were the smallest victims of domestic violence children.
- 24-Hour Crisis Hotline: The 24-Hour Crisis Hotline (954-761-1133) operates 24 hours a day, 7 days a week to provide emergency intervention, counseling, safety planning, advocacy, referrals and information on available services.
- Advocacy & Support Groups: Advocates serve as a support system for survivors, both those living in our emergency shelter, as well as those living in the community. They develop safety plans that meet their individualized needs, facilitate support groups, provide case management, and identify services and community resources to help survivors transition out of an abusive relationship and into safety.
- Therapy: The Therapy Program provides clinical assistance to adults and children who are suffering from symptoms of domestic violence, that impact their ability to function on a day-to-day basis.

## Section #2: STATEMENT OF NEED (limit 6000 characters)

Describe the Fort Lauderdale community's need for your project. Include information on the history and severity of the need in this city and, if applicable previous successful or unsuccessful attempts to meet these needs. Provide specifics regarding the demographics of the population to be served including the number of people experiencing this need and their location. <u>NOTE</u>: If you are targeting the homeless population, please attach data that deals with homeless statistics in Fort Lauderdale, crime rate for applicants providing those types of services, drop-out rate, pregnancy rate should be placed as attachment B9.

Survivors of domestic violence are often isolated from family and friends, as well as revoked access to financial resources. Financial instability can dramatically reduce options for victims of domestic violence who may be forced to leave their homes to escape the cruelty. As a survivor makes the decision to leave their home, at that moment they are legally considered to be homeless. For many, Women In Distress is their last option for emergency housing before resorting to living on the street or going to a homeless shelter.

Based on a report published by the National Coalition for the Homeless, families who resort to homelessness in order to escape abuse at home, have a particularly difficult time securing permanent housing. Not only can victims suffer poor credit records and employment histories due to the abuse they have endured, landlords often discriminate against victims if they have a protection order or any other indicator of domestic violence. If violence occurs in the home, landlords can evict their tenants, resulting in a victim becoming homeless because she was abused.

Women In Distress provides shelter to survivors fleeing domestic violence and who would otherwise have no place else to go. Some survivors face the difficulty of having to choose between staying in an abusive home or becoming homeless. Survivors and their children come to Women In Distress in hopes of finding shelter, security, and an opportunity to start their healing process. Of those staying in the shelter, approximately half are the youngest of survivors - children. While there are no income requirements to be eligible for services, approximately 90% of the adults and children served by our agency are low/moderate income level, in accordance to the Department of Housing and Urban Development's definition.

Advocacy and therapy services offered in conjunction with emergency housing, provides valuable counseling opportunities designed to help families begin to heal and recover from the effects of abuse. As families begin to heal from their experiences, Advocates work with them to establish a plan for successful transition out of the emergency shelter including the identification of safe housing, child care, employment and continued services through Women In Distress' Outreach (non-residential) program. Through intervention, education and advocacy, the services and resources provided by the Women In Distress Emergency Shelter program are designed to empower survivors affected by domestic violence with the necessary tools required to gain long-term independence and economic self-sufficiency.

According to the 2015 Florida Department of Law Enforcement Annual Report, out of the 5,820 domestic violence offenses in Broward County, Fort Lauderdale's percentage of domestic violence cases increased by 2% from the previous year, with a total of 519 offenses documented, including 140 aggravated assaults, 12 stalking incidents and 2 murders. Also, the City of Fort Lauderdale has one of the highest numbers of domestic violence offences, compared to the number of residents in the state of Florida.

Women In Distress has been the only nationally accredited, state-certified, full- service domestic violence center in Broward County serving Fort Lauderdale residents, for the past 42 years. We work to provide critical, confidential services to survivors at no cost, at undisclosed locations. Confidential services include our 24-hour crisis hotline, emergency shelter, counseling, therapy, advocacy, and supportive services. WID

offers legal services for survivors providing counsel on the injunction process, assistance with filing the petition and representation during the final hearing and violation hearings. We also offer economic training to survivors to build their financial literacy, job readiness skills, obtain their GED and discuss affordable housing securement.

The City of Fort Lauderdale continues to be the largest municipality in Broward County that Women In Distress serves, which is inclusive of a diverse population such as African American, Caucasian, Hispanic and Haitian populations, as well as female and male victims. Through supporters like the City of Fort Lauderdale, we are able to provide vital services to residents in our community. With previous funding through the Fort Lauderdale CDBG program, we were able to provide the following services:

In fiscal year 2015-2016, Women In Distress provided the following services to Fort Lauderdale residents:

- Provided 7,878 emergency shelter nights to 171 domestic violence survivors from Fort Lauderdale, accounting for 26% of total WID shelter nights.
- Received 2,508 crisis hotline calls from Fort Lauderdale residents, accounting for 12% of the total calls received for the year.
- Women In Distress provided services to 45% more Fort Lauderdale residents than any other city in Broward County.

Currently, fiscal year 2016-2017, WID is not funded by Fort Lauderdale CDBG due to being required to sit out for a one year grace period. As of January 31, 2017, WID has already served a significant number of Fort Lauderdale residents in need of critical services, such as:

- 4,030 emergency shelter nights to 114 domestic violence survivors from Fort Lauderdale were provided, accounting for 19% of total shelter nights during this time period.
- 822 crisis hotline calls from Fort Lauderdale residents were received during this time period.

#### Section #3: PROGRAM DESCRIPTION (limit of 6000 characters)

Describe how the proposed project will address the need as stated on previous page and identify how input and support has been obtained from the impacted community. If other agencies are currently providing a service to address this need, explain how your approach or program will improve or expand the provision of services.

Women In Distress (WID) is requesting \$50,000.00 in funding to supplement the cost of providing emergency shelter and supportive services to 50 Fort Lauderdale residents who are victims of domestic violence. At an estimated cost of \$94.00 per emergency shelter night, this funding will provide 531 nights of safe housing, counseling, therapy, transitional assistance, food, and clothing, from October 1, 2017 through September 30, 2018. To ensure the suitability of the agency, Women In Distress utilizes allocated funds in line with contract guidelines and maintains a low administrative/programming funding ratio. Last fiscal year, our administrative and fundraising expense percentage was 19%, while 81% of funding went to provide first services in our programs.

The emergency shelter program and its supportive services are at the heart of WID's mission. When a victim of abuse makes the difficult decision to leave their abuser and come to Women In Distress, our focus at this critical time is to address their immediate needs, so they do not have to worry about how they are going to feed their family or where they are going to lay their head. When survivors arrive at WID, they are provided shelter for up to 90 days including, food, transportation, advocacy, therapy, counseling, and vouchers to the Women In Distress Thrift Store to obtain clothing for their family. Providing these immediate needs assists survivors to take steps towards rebuilding an independent, violence-free life.

To ensure that WID meets the diversifying needs of victims, the agency receives continuous feedback through participant entrance and exit interviews, satisfaction surveys, recurring residential meetings, and suggestion boxes. These forums provide an effective way for survivors to provide comments on the delivery of services, safety, needed resources/services and ongoing shelter needs. Based on feedback, Women In Distress' management continually assesses programming to align current services with the needs of the community and implements new services, as needed.

WID continues to be the only certified domestic violence shelter serving residents who need help in Fort Lauderdale. WID is very fortunate to work closely with agencies and individuals throughout the Fort Lauderdale community, including nonprofit organizations, government agencies, corporations and individual donors. Working in collaboration, these community partners help WID meet the diverse needs of Fort Lauderdale residents. Here is a highlight of some of our partners:

- 2-1-1 Broward: If individuals are in need of community resources that WID and/or partner agencies cannot provide, 2-1-1 Broward serves as a referral source for such programs as they have the most comprehensive inventory of over 4,500 programs in their community resource database.
- Broward Regional Health Planning Council: Provides WID participants with free child care vouchers.
- Hope South Florida: WID works with survivors in shelter, during case management, for transitional housing and work directly with HOPE case managers, while applying for available funds and support for survivors throughout the process.
- Legal Aid Service of Broward County: Women In Distress and Legal Aid Service collaborated to implement The LIFT Project, which provides legal and economic assistance for domestic violence victims to help them keep their public benefits.
- Salvation Army: WID works directly with Salvation Army to provide survivors with short term assistance such as transitional housing, rental assistance, food and clothing.

- School Board of Broward County: WID provides prevention education presentations on teen dating violence in Broward County schools.
- A Child is Missing, Inc.: A non-profit organization, Alert & Recovery Center, which assists law enforcement in the early search and recovery of missing children, the elderly, and other vulnerable populations.
- Children's Harbor: WID accepts domestic violence referrals from Children's Harbor and provide their staff with appropriate domestic violence training.
- ChildNet: WID collaborates with them to provide expertise on the dynamics of domestic violence, family support and case management, while in the child dependency system.
- Broward Sherriff's Office: WID partners with BSO to provide both the Intimate Violence Advanced Service Team (InVEST) and Child Protective Investigation Section (CPIS) programs.

## PROGRAM DESCRIPTION CHART

GOAL	OBJECTIVE	ACTIVITIES	TIMELINE	MEASURABLE OUTCOME
Provide 50 Fort Lauderdale residents who are fleeing domestic abuse with emergency shelter and critical services as they transition to a safe, self- determined future.	Address the critical needs – emergency safe shelter, food, clothing, transportation, medical assistance, legal assistance, trainings – of Fort Lauderdale residents who are victims of abusive situations.	<ul> <li>Provide safe shelter</li> <li>Provide safe transportation to emergency shelter.</li> <li>Provide participants with food and address any dietary restrictions.</li> <li>Provide vouchers to WID Thrift store where participants can obtain clothing and household needs.</li> <li>Provide bus passes and/or alternative transportation when needed.</li> <li>Provide medical</li> </ul>	October 1, 2017 - September 30, 2018	50 Fort Lauderdale residents will receive 531 nights of safe shelter and have their critical basic needs met.
		prescriptions when needed.  Provide legal assistance with injunctions for protection Provide trainings in financial stability, job readiness, GED courses, and more.	4-2	F2
Assist 50 Fort Lauderdale residents maintain their safety while in shelter as well as after they exit the program.	Provide Fort Lauderdale residents affected by domestic violence with a tool kit that will assist with reducing their risk when confronted with a threat of harm or actual harm.	• Create a safety plan unique to each individual's situation, including non-disclosure of shelter location, not frequenting locations that the abuser goes to, how to remain safe when going to work, maintaining children's safety when at	Within 72 hours of arriving at Women In Distress.	50 Fort Lauderdale residents will establish personalized safety plans within 72 hours of arriving at shelter.

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(F		school, and informing school staff about the situation and		
		any restraining orders in place,		
		etc.		-
		Prior to exiting		
		emergency shelter, review	v	
		safety plan and revise to ensure		
		continued safety, such as	*	
		remaining safe in public by		
	No.	avoiding routines the abuser is		2
		familiar with, varying routes to		
		and from work, asking co-		
		workers to screen calls, etc.		
Provide 50 Fort	Provide supportive services to	Individual & group	October 1, 2017 -	50 Fort Lauderdale
Lauderdale residents	Fort Lauderdale residents	counseling/therapy	September 30, 2018	residents will receive
with access to	affected by domestic violence	Assist with transitional		supportive services while
supportive services that	as they recover from the	assistance including deposits		at shelter.
will assist with their	traumatic effects of	for utilities, medical/dental		
short-term and long-	victimization in a safe	assistance, transitional		
term needs.	environment.	/relocation assistance, and		
		employment resources.		
\$ 0		Provide referrals to		
)		external resources, such as		
	7	legal assistance.		
Assist 50 Fort	Help individuals transition into	Advocates will meet with Fort	October 1, 2017 -	50 Fort Lauderdale
Lauderdale residents	a safe, independent life.	Lauderdale residents to discuss	September 30, 2018	residents will partially or
successfully transition	6	and establish goals centered		completely accomplish
into a safe, self-		around the following:		self-determined goals.
determined life through		• Employment		
establishing short and		benchmarks		
long-term goals.	8	• Financial independence	N:	
		Identify safe living		
		space	24	1
y v		• If possible, establish		
		plan for safe exit out of		
	100-1	emergency shelter		

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#### **EVALUATION**

For each goal listed in the Program Description Chart and using the chart below detail how you will evaluate the effectiveness of the program including how you will measure the achievement of the planned outcomes, and how and when you will report the program outcomes to the grantor.

GOAL	EVALUATION METHOD	COMPLETION DATE	REPORTING MECHANISM
Provide 50 Fort Lauderdale residents who are fleeing domestic abuse with emergency shelter and critical services as they transition to a safe, self-determined future.	Program Compliance Specialist will retrieve and review reports from database on shelter nights provided to participants, to monitor for compliance.	Monthly	CDBG Sub-recipient Monthly Beneficiary Report
Assist 50 Fort Lauderdale residents maintain their safety while in shelter as well as after they exit the program.	Safety plans reviewed with Advocate monthly to ensure continued safety; noted in participant file.	Monthly	CDBG Sub-recipient Monthly Beneficiary Report
Provide 50 Fort Lauderdale residents with access to supportive services that will assist with their short-term and long-term needs.	Program Compliance Specialist will retrieve and review reports from database, service records, group logs, activity reports to monitor for compliance.	Monthly	CDBG Sub-recipient Monthly Beneficiary Report
Assist 50 Fort Lauderdale residents successfully transition into a safe, self-determined life through establishing short and long-term goals.	Self-determined goals reviewed with Advocate monthly to ensure progress on the road from emergency shelter to self-sufficient living; noted in participant file. Residents will partially or completely accomplish self-determined goals.	Monthly	CDBG Sub-recipient Monthly Beneficiary Report

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#### Section #4: PROJECT BENEFIT (limit of 6000 characters)

Using data and research explain how the project is expected to result in long term as well as short-term benefit. Include both an overview of the scope of services to be provided as well as specific information as to the goals, objectives, activities, timelines and measurable outcomes for the project, using the chart below.

The U.S. Department of Justice defines domestic violence as a pattern of abusive behavior in any relationship that is used by one partner to gain or maintain power and control over another intimate partner. According to the National Coalition Against Domestic Violence (NCADV) one in four women will experience abuse in her lifetime. At that rate, approximately 20,000 of the 78,134 women living in Fort Lauderdale will experience abuse, and so may their children.

Nationally, on average, more than three women a day are killed at the hands of their husbands or boyfriends. Children from homes with violence are more likely to experience significant psychological problems in the future. Sadly, individuals who experience or witness domestic abuse, are subject to a life that may negatively impact them and their family forever. The U.S. Advisory Board on Child Abuse and Neglect suggests that domestic violence may be the single major precursor to child abuse and fatalities in the country.

Services provided while staying in WID's emergency shelter are designed to empower survivors to take charge of their life and work towards becoming independent. The goal of the emergency shelter program is to empower survivors, while providing up to 90 days of shelter, therapy, counseling, advocacy, food, clothing, transportation and basic needs (outlined in program description chart).

Within 24 hours of arriving at the emergency shelter, families go through an intake process with an Advocate to assess their individualized needs including:

- Safety Plan: The highest concern is for the safety of the survivor and their family. Advocates assist survivors with the creation of a personalized safety plan that is utilized by them and their children, to help them avoid dangerous situations and identify the best way to react when in danger.
- Case Management: Advocates provide case management assessments that focus on identifying services and resources that will meet the needs of survivors such as:
  - -- Therapy: WID provides professional individual counseling services to help survivors and their children work through the effects of trauma due to the abuse they have suffered. By addressing these issues that often impact their ability to function on a day-to-day basis, survivors of domestic violence are able to move past the abuse and re-engage in daily activities.
  - -- Support Groups: Support groups are a very important part of the healing process, as they provide opportunities for survivors to share their challenges, successes and lessons learned on their road to safety with others in similar situations.
  - Children's Services: Children often have a difficult time expressing their feelings and emotions in traditional therapeutic settings. With the help of intervention and educational techniques, play and art enrichment activities, therapists are able to work with these child victims on verbalizing their past experiences, positively expressing their emotions, understanding the difference between healthy and unhealthy relationships, and ultimately recognizing and utilizing non-violent behaviors in their day-today lives.
  - -- Legal Assistance: Women In Distress collaborates with Legal Aid Service of Broward County to provide legal and economic assistance to survivors to relieve them from financial sanctions often put upon them by the abuser, remove serious legal obstacles, assist with referrals, find relocation assistance, address child support enforcement issues, and securing access to necessities such as food stamps, cash assistance, and Medicaid. In addition, WID Advocates assist with some legal issues,

- including restraining orders and legal referrals. With this important service, survivors can more easily navigate through the complicated legal system having few resources of their own.
- -- Injunction For Protection Legal Services: Survivors are provided with legal advice and representation by trained Injunction for Protection (IFP) Attorneys, who will be stationed on WID's main campus. Services provided by the attorneys will include: providing counsel on the injunction process, assistance with filing the petition and representation during the final hearing and violation hearings.
- -- Economic Empowerment and Justice Program: An Economic Empowerment and Justice Program was implemented to provide survivors with specialized trainings that focus on job readiness, financial literacy, GED and Advanced Coursework Prep, as well as discuss affordable housing securement. The Economic Empowerment Advocate will provide training to survivors in our new Ultimate Training Center, by implementing a curriculum that will help survivors become self-sufficient, build new skills, and learn to be financially independent in order to not have to rely on their abuser, as they may have done in the past.
- -- Internal and External Resources: Advocates help survivors identify safe housing, employment resources and find affordable child care options. Relocation assistance, in the form of rental deposits, utility service deposits, as well as short-term housing allowances, while limited, may also be available.
- -- Personal Goals: With the help of an Advocate, survivors create self-determined goals that will assist them as they transition into a non-violent life. A survivor's personal goals can include financial benchmarks, identifying long-term employment, improving their job skills, providing for their family, etc.

# Section #5: <u>AGENCY INFORMATION AND MANAGEMENT</u> <u>CAPACITY(limit of 7500 characters)</u>

Describe the history and current status of the applicant agency, specifically providing information which demonstrates the agency's ability to successfully implement the program, including, if applicable, data from previous year's funded grant. Include information as to whether the proposer operates in other cities, counties and/or states. Using the chart on the next page, (add additional rows as needed) identify the key agency personnel; identify their responsibilities in the project and key prior experience implementing similar projects. (Note: If funding will be used to hire staff, indicate such in the staff column and complete all but the last column) Note – Resumes of Program Administrator(s) and Chief Financial Officer are required in Attachment B5.

In 1974, Women In Distress of Broward County, Inc. opened its doors as a four-bedroom home for homeless women. When a local tragedy made apparent the need for a shelter for women and children in danger of domestic abuse, WID adapted its mission. Determined to expand their services, WID founders purchased a 54-bed shelter and began offering emergency shelter and supportive services to victims of domestic violence and their children, later expanding to 62 beds with a gift of a second 8-bed shelter. In 2009, in order to better meet the growing needs of the community, Women In Distress embarked on an expansion to double its capacity. The Jim and Jan Moran Family Center opened in the summer of 2011, allowing WID to increase its emergency shelter capacity to 132 beds and expand the Outreach services offered to participants.

The goal of our organization is to empower domestic violence victims to independently re-establish their lives free of violence. That road to independence and self-sufficiency often starts with safe shelter, counseling, therapy, financial independence, job readiness, relocation assistance and more. Women In Distress offers these confidential services free of charge at our main facility, the Jim and Jan Moran Family Center at 4700 NW 3rd Avenue, Deerfield Beach, FL 33064. WID has been able to expand its non-residential services to satellite locations strategically placed throughout Broward County. We currently have satellite centers in the cities of Hollywood, Plantation, Hallandale Beach and two in Fort Lauderdale (Edgar Mills Health Center and The Dorothy Mangurian Comprehensive Center at Holy Cross Hospital). Another satellite office is currently being solidified (awaiting MOU approval) in Fort Lauderdale (Broward County Courthouse - Court Administrative Self Help Center).

Women In Distress received funding from the City of Fort Lauderdale CDBG program, in fiscal year 2015-2016, in the amount of \$45,000. In that year, WID provided 7,878 emergency shelter nights to 171 Fort Lauderdale residents, which accounted for 26% of the total shelter nights provided to individuals. At a cost of \$94 per shelter night, the cost to provide 7,878 emergency shelter nights residents was \$740,532. Although we did not receive funding during fiscal year 2016-2017, WID continued to provide Fort Lauderdale residents with emergency services. During this fiscal year (July 2016-January 31, 2017), WID has already provided 4,030 emergency shelter nights to 114 Fort Lauderdale residents, which accounted for 19% of the total shelter nights provided to individuals. At a cost of \$94 per shelter night, the cost to provide 4,030 emergency shelter nights residents is \$378,820. The City of Fort Lauderdale continues to be largest municipality served by Women In Distress and continued support from the CDBG program is instrumental to providing crucial emergency shelter and transitional assistance programs.

WID is committed to providing high-quality services to domestic violence survivors in Broward County. We strive to foster a culture that supports sound financial and operational practices at all levels of the agency. Women In Distress is part of the state-wide Florida Coalition Against Domestic Violence (FCADV) and is certified through the Department of Children and Families as a domestic violence center

Women In Distress if one of the 42 domestic violence centers who are part of FCADV, as well as receives the same, if not more, amount of calls to our crisis hotline as the state-wide domestic violence hotline.

For more than 15 years, our agency has also been accredited by the Council of Accreditation (COA) and has received a reaccreditation in 2016 after an extensive auditing and assessment process. The COA is dedicated to ensuring that organizations consistently operate with integrity, credibility and the utmost level of quality and is recognized nationally as the preeminent accrediting agency for child welfare, behavioral health, and community-based social service non-profits.

As the governing body for the agency, the 24-member Board of Director's primary role is to ensure that all operations within the agency are effectively and progressively meeting the needs of the community, while also securing funds to sustain the agency's operations. As required in our bylaws, we have a domestic violence survivor and law enforcement representatives who sits on the Board of Directors. They meet 10-12 times a year to discuss the organization's functionality, program successes, events and finances. The current Board Chairman, Phyllis Thomas, Thomas Family Foundation, has been a board member since 2010 and Board Chair since July 2014.

Mary Riedel, WID's President and CEO, is overseen by the Board and also leads a team of 71 staff members at Women In Distress. Mrs. Riedel joined Women In Distress in 2008, after more than 37 years in media marketing and community relations. Before serving as President and CEO, she was involved with Women In Distress as a volunteer, board member and board chair for more than 12 years.

Women In Distress' emergency shelter is staffed by 10 staff members, consisting of 1 Program Director, 2 Supervisors, and 7 Advocates, who are available to help participants residing at the shelter 24 hours a day, 7 days a week, and 365 days a year. Our direct service staff, which is specially trained based on best practices established by Florida Coalition Against Domestic Violence, provides empowerment-based services such as individual counseling and support groups. Program staff qualifications include Registered and Florida State Licensed Mental Health Counselors, Bachelor of Social Work and Master of Social Work, and a Master of Arts in Psychology.

Program Director, Delores DeFerrari, oversees the Residential Program by coordinating and reporting the accuracy of all reports including programmatic tracking, monitoring and analyzing program deliverables. She also develops, implements, assesses and evaluates departmental and agency policies and procedures, including ensuring that programs and services are complying with federal, state and organizational mandates. Delores works closely with the Director of Finance, Gisele Gilen, to administer, manage and monitor the use of all grant funding, while the day-to-day responsibility of accomplishing authorized grant activities rests with a full-time dedicated Program Compliance Specialist, Tiyi Sherman. Working with program managers and the Program Director, the Program Compliance Specialist ensures that all grant deliverables outlined in funding agreements are completed.

## AGENCY INFORMATION AND MANAGEMENT CAPACITY CHART

AGENCY STAFF	TITLE	PROJECT RESPONSIBILTIES	PRIOR EXPERIENCE
Delores DeFerrari	Director of Programs	Program Implementation, Reporting and Compliance	Delores DeFerrari has more than 5 years of experience in grants management, including program and grant compliance.
Gisele Gelin	Director of Finance	Management of Funds	Gisele Gelin has more than 8 years of experience working for Women In Distress' Finance Department and over 17 year of financial managing and monitoring the use of grant funding.
Tiyi Sherman	Program Compliance Specialist	Compliance and Grant Deliverables	Tiyi Sherman has 7 years of experience working for Women In Distress, working in the programs department, managing grant deliverables and monitoring compliance.
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#### **Section #6: FINANCIAL INFORMATION**

## PLEASE ANSWER QUESTIONS A, B, C, D, E, F, G and H

A. Describe the current financial stability of the agency and the systems, which are currently in place or will be put in place to monitor the use of, grant funds (limit 2000 characters)

Women In Distress of Broward County, Inc. (WID) has implemented stringent standards of accounting, internal controls, and financial oversight reporting procedures prescribed for not-for-profit organizations. For the fiscal year ending June 30, 2016 the auditor's report expressed an unqualified opinion on Women In Distress' financial statements. There were no findings on the financial statements and no findings and questioned costs on the major federal and state financial assistance programs.

WID commits to the highest level of internal control through diligent supervision of fiscal staff and segregation of duties. WID maintains financial records on an accrual basis and records transactions on its books in accordance with the general principles of accounting generally accepted in the United States.

Women In Distress operates the Sage Fund Accounting Program. This relational database system allows for a table driven chart of accounts, general ledgers, trial balance, subsidiary ledgers (accounts receivable, accounts payable), bank reconciliations, budgeting, and reporting. WID maintains a chart of accounts that allows for tracking by department, funding source, GL number, activity number, etc. Such a system allows for organization and internal control.

B. What is your agency's annual revenue for the current fiscal year? (limit 15 characters)

\$5,278,926

C. How much of that funding is being dedicated to this public service project? (limit 15 characters)

\$1,357,731

D. What other goods and services (in kind) will be leveraged for this public service project? (limit 2000 characters)

WID receives donated professional services, goods, and facilities as part of its program services and fundraising campaigns during the year. Only those donated services that require specialized skills are reflected in the financial statement. Donations are reflected as "in-kind donation, thrift store" and "other in-kind donations". In 2016, WID's financial statement reported the following in-kind donations: \$576,622 goods donated to WID and \$165,733 for professional services.

E. Is this is a continuation grant? No

F. Identify previous funding sources (*including CDBG*), and anticipated additional and/or matching fund sources needed to implement the project. If you are a past CDBG recipient, please include the outcomes from the last two (2) years you received CDBG funding, including the outcomes of the performance indicators. (Limit 7500)

The following funding sources are utilized to implement the emergency shelter program:

Florida Coalition Against Domestic Violence, Victims of Crimes Act, Broward County HIP, Private Grants, Municipality Grants and WID General funding.

Women In Distress was previously funded through the Fort Lauderdale CDBG program in fiscal year 2015-2016 and 2014-2015 in the amount of \$45,000.

In fiscal year 2015-2016, Women In Distress provided the following services to Fort Lauderdale residents:

- 7,878 emergency shelter nights to 171 domestic violence survivors from Fort Lauderdale, accounting for 26% of total WID shelter nights.
- 2,508 crisis hotline calls from Fort Lauderdale residents, with the total number of crisis hotline calls increasing by 91%.

In fiscal year 2014-2015, Women In Distress provided the following services to Fort Lauderdale residents:

- 13,307 emergency shelter nights to 196 domestic violence survivors from Fort Lauderdale, accounting for 34% of total WID shelter nights.
- 2,547 crisis hotline calls from Fort Lauderdale residents.

Currently, fiscal year 2016-2017, WID is not funded by Fort Lauderdale CDBG due to being required to sit out for a one year grace period. As of January 31, 2017, WID has already served a significant number of Fort Lauderdale residents in need of critical services, such as:

- 4,030 emergency shelter nights to 114 domestic violence survivors from Fort Lauderdale were provided, accounting for 19% of total shelter nights during this time period.
- 822 crisis hotline calls from Fort Lauderdale residents were received during this time period.
- G. Describe how this project can be sustained in subsequent years if CDBG funds are not allocated. If you are not funded this year for the entire amount requested, would the project still proceed? Where will you get the funds? Will the project be modified in any way, and if so, how? (limit 3500 characters)

Women In Distress has been at the forefront of the fight against domestic violence for over 42 years. In that time, WID has developed strong partnerships within the community and its surrounding counties, receiving widespread support over the years. To continue to provide our services to survivors free of charge, Women In Distress operates a diverse revenue portfolio that consists of government funding, private and corporate foundation support, individual donors and thrift store revenue. WID's major funding sources are the Florida Coalition Against Domestic Violence, Broward County, municipalities, and private and corporate foundations.

Currently, Women In Distress is the only certified, domestic violence center providing services to residents of Fort Lauderdale. The City of Fort Lauderdale continues to be the city with the largest number of survivors served in Broward County. WID was not funded through the Fort Lauderdale CDBG program during the fiscal year 2016-2017 and as of January 31, 2017, WID has provided emergency services to 114 residents. WID was previously funded by the Fort Lauderdale CDBG program in fiscal year 2015-2016, and provided 171 residents with emergency shelter services.

The emergency shelter program is a crucial part of WID's services and is essential to helping survivors remain off the street and have a place to go when fleeing from their abuser. The shelter program is an ongoing program and requires continuous funding. If WID is not awarded the full requested amount, the following funding sources are allocated to support the cost of the program:

Other CDBG Funding: Pompano Beach and Plantation

Local Government Funding: Broward County Municipalities (i.e. Hollywood, Davie, Sunrise, etc.)

State Funding: FCADV and VOCA

Private Funding: Local foundations and community agencies (i.e. Bank of America, H.I. Foundation, John and Nellie Bastien Foundation, TD Bank Foundation, etc.)

H. Describe briefly how grant funds will be allocated to support the goals identified in the grant application. If grant funding will be used to support the organization's infrastructure, explain how existing organizational funds will be reallocated for the project. (Limit 3500 characters)

Women In Distress is requesting \$50,000.00 from the Fort Lauderdale CDBG program to provide 531 nights of emergency shelter, counseling/supportive services, food and clothing to a minimum of 50 Fort Lauderdale residents fleeing abusive situations. Funding will be allocated to operational and salary expenses associated with providing these services as outlined in the Budget Narrative.

I. Identify specific budget items to support the project, including those using current organizational funds. Include all personnel (Salary and Benefits) and major capital expenses. (Limit 3500 characters).

Women In Distress is requesting \$50,000 to supplement the costs associate with providing emergency shelter services to City of Fort Lauderdale victims of domestic violence. The emergency shelter program will provide 50 Fort Lauderdale residents with 531 emergency shelter nights, food, clothing, transportation, and basic needs. The following line items are associated with providing the critical services to survivors, at no cost.

Personnel (Salary & Benefits) = \$35,000 Contracted Services = \$6,000 Supplies = \$6,000 Occupancy Insurance & Telephone = \$3,000 Total = \$50,000

J. CDBG is a reimbursement program. Historically, agencies who are awarded CDBG funding may not receive the October, November, and Decembers reimbursement checks until January. What capacity does your agency have in place to cover the cost associated with the implementation of the program? (Limit 3500 characters)

Women In Distress has collaborated with a number of government entities and has successfully fulfilled the requirements of those reimbursement programs. To ensure WID has the capacity to cover associated cost with the emergency shelter program, we continue to seek diverse funding sources from government, state and private funding agencies. In the interim of securing funds, our cash flow statement (in attachments) and feasible line of credit helps to support the program's sustainability, while our Development Department continually forges partnership with new funders.

With an aggressive development plan in place, our Development Department continuously researches federal, state and private funders that match our prioritized funding needs. Additionally, department initiatives such as special events, direct mail, and a Board of Directors committed to cultivating donor relationships, help ensure that Women In Distress can continue to provide critical services to the community without interruption. Currently our program is funded from both public and private dollars and we have been successful in maintaining those funding levels.

## Section #6: **BUDGET SHEETS**

## PUBLIC SERVICES BUDGET SUMMARY SHEET

ORGANIZATION:	Women In Distress of Broward County, Inc.
NAME OF PROJECT:	Emergency Shelter for Victims of Domestic Violence
NUMBER OF CLIENTS TO BE SERVED:	50
FUNDING YEAR	2017-2018
Date Submitted	2/17/17

Category Number	Category Breakdown	CDBG Funds	Other Grants	Other Funding Sources	<b>Total Funds</b>
1	Personnel (Salary & Benefits)	35,000	633,213	Florida Coalition Against Domestic Violence, WID General, Victims of Crimes Act, BC HIP	668,213
2	Contracted Services	6,000	128,532	Florida Coalition Against Domestic Violence, WID General, City Grants	134,532
3	Supplies	6,000	180,701	Florida Coalition Against Domestic Violence, WID General, Private Grants	186,701
4	Occupancy Insurance, & Telephone	3,000	142,375	Florida Coalition Against Domestic Violence, WID General, City Grants	145,375
5	Equipment Maintenance & Rental	M	15,970	Florida Coalition	15,970

		T			-
				Against Domestic	¥
		**		Violence, WID	
	2. 100 100 100 100 100 100 100 100 100 10			General,	
6	Travel, Conferences, Memberships		3,994	WID General	3,994
7	Participant Assistance including	***	51,712	Florida Coalition	51,712
	transportation, medical assistance and	4		Against Domestic	
	relocation assistance for participants		8	Violence, WID	
	an array communication of the control of the contro	10 - 10 - 10 - 10 - 10 - 10 - 10 - 10 -		General	
8	Other (permits, interest, and building)	-	142,210	WID General, Florida	142,210
				Coalition Against	¥
				Domestic Violence	
9					
10					-
	Total CDBG Funds				
	Other Grant Funds		1,298,707		
	Grand Total				1,348,707

<sup>\*</sup>PLEASE NOTE: CDBG funds cannot be used to purchase equipment, machinery, software or vehicles.

## Section #6: PUBLIC SERVICES BUDGET ITEMIZATION SHEET

ORGANIZATION: Women In Distress of Broward County, Inc.

NAME OF PROJECT: Emergency Shelter for Victims of Domestic Violence

Category Number	Category Breakdown  PLEASE PROVIDE A DETAILED DESCRIPTION FOR	Category Amount					
	PLEASE PROVIDE A DETAILED DESCRIPTION FOR EACH BUDGET CATEGORY YOU ARE REQUESTING CDBG FUNDS FOR ELIGIBILITY REVIEW BY STAFF	CDBG Funds	Other Funds				
	Personnel (Salary & Benefits)	35,000	633,213				
	Contracted Services	6,000	128,532				
	Supplies	6,000	180,701				
	Occupancy Insurance, & Telephone	3,000	142,375				
	Equipment Maintenance & Rental		15,970				
	Travel, Conferences, Memberships		3,994				
	Participant Assistance including transportation, medical assistance and relocation assistance for participants.		51,712				
	Other(permits, interest, and building		142,210				
			94				
	TOTAL	50,000	1,298,707				

<sup>\*</sup>PLEASE NOTE: CDBG funds cannot be used to purchase equipment, machinery, software or vehicles.

## Section #6: BUDGET ITEMIZATION SHEET ADDDITIONAL PAGE (IF NEEDED)

ORGANIZATION:	Women In Distress of Broward County, Inc.
NAME OF PROJECT:	Emergency Shelter for Victims of Domestic Violence

	Category Breakdown	Catagory Amount					
Category Number	PLEASE PROVIDE A DETAILED DESCRIPTION OF EACH BUDGET CATEGORY YOU ARE REQUESTING CDBG FUNDS FOR ELIGIBILITY REVIEW BY STAFF	Category Amount  CDBG Funds Other Funds					
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\*PLEASE NOTE: CDBG funds cannot be used to purchase equipment, machinery, software or vehicles.

#### **Section #7: Performance Indicators**

Performance Indicators are used to track the impact of the program on those who receive the public service projects. Please provide a minimum of 3 and a maximum of 5 performance indicators that your agency proposes to track if awarded CDBG funding. If you are a previous CDBG recipient, please show the comparison of the previous performance indicators used?

Performance indicators should focus on measuring the impact of the program on participants and/or how are the participants better now that the program was implemented.

#### Example:

- 1. At least 90% of Fort Lauderdale participants who obtain verifiable employment will receive one (1) 31 day bus pass to ensure transportation/maintain employment.
- 2. 85% of elderly individuals and caregivers will report an improvement in their home environment, their nutritional condition or feel less lonely as a result of weekly visits by a senior companion.
- 3. 85% of parents attending the 10 week Parent Education Program will show improvement and remain outside the at-risk range on positive parenting beliefs and expectations measured through the AAPI-2 Assessment.

#### Performance Indicator 1

80% of Fort Lauderdale shelter residents will partially or fully complete the goals outlined in their service plan.

#### Performance Indicator 2

70% of Fort Lauderdale shelter residents will indicate and secure safe transitional or independent housing during departure.

#### **Performance Indicator 3**

Of the 15% of Fort Lauderdale residents that Women In Distress is able to contact within 90 days of exiting the shelter, 70% will remain in safe housing.

#### Performance Indicator 4

90% of Fort Lauderdale shelter residents will establish a safety plan within 72 hours of arriving at the shelter.

#### Performance Indicator 5

## Section #7: PUBLIC SERVICES PROGRAM IMPLEMENTATION SCHEDULE

ORGANIZATION:	Women In Distress of Broward County, Inc.	-
NAME OF PROJECT:	Emergency Shelter for Victims of Domestic Violence	

IMPLEMENTATION STEPS	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP
Safe Emergency Shelter	*	*	*	*	*	*	*	*	*	*	*	*
Create personalized safety plans	*	*	*	*	*	*	*	*	*	*	*	*
Supportive Services: food, clothing, individual counseling, group support, transitional support, etc.	*	*	*	*	*	*	*	*	*	*	*	*
Establishing self-determined goals	*	*	*	*	*	*	*	*	*	*	*	*
T:						1						

### **Section #8: <u>APPLICANT CERTIFICATION</u>**

If this application is approved for funding, the organization agrees to comply with all required federal laws and regulations. The organization confirms that it is fully capable of fulfilling the obligations as stated in this proposal and in any attachments or documents included with this application.

By applying for this CDBG grant, applicant affirms they currently, or by the time of award, possess knowledge and understanding of the following:

- 1. Proficient administration of the program in full compliance with all Federal, State and local regulations and guidelines.
- 2. CDBG National Objectives and Eligible Activities.
- Playing by the Rules: A Handbook for CDBG Sub recipients We encourage you to download a copy from the HUD website at: <a href="http://ww.hud.gov/offices/cpd/communitydevelopment/library/subrecipient/playing/total.pdf">http://ww.hud.gov/offices/cpd/communitydevelopment/library/subrecipient/playing/total.pdf</a>

As a duly authorized representative of this organization, I submit this application to the City of Fort Lauderdale's Housing and Community Development Division and verify that the information herein is true, accurate and complete.

**PENALTY FOR FALSE OR FRADULENT STATEMENT:** U.S. Code Title 18. Section 1001, provides that a fine up to \$10,000 or imprisonment for a period not to exceed 5 years, or both, shall be the penalty for willful misrepresentation and the making of false statement, knowing same to be false.

Name of Organization: Women In Distress	
Signature: Mous KER	
Title: President and CEO	
Date: 2/17/17	