



**CITY OF FORT LAUDERDALE**  
**City Commission Agenda Memo**  
**REGULAR MEETING**

**#17-0240**

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**TO:** Honorable Mayor & Members of the  
Fort Lauderdale City Commission

**FROM:** Lee R. Feldman, ICMA-CM, City Manager

**DATE:** February 21, 2017

**TITLE:** Motion to Approve Contract and Business Associate Agreement for  
Comprehensive Medical Evaluations for Fort Lauderdale Fire and Ocean  
Rescue Personnel - Life Extension Clinics, Inc. d/b/a Life Scan Wellness  
Centers - \$469,117

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**Recommendation**

It is recommended that the City Commission approve a one-year contract and business associate agreement, in substantially the forms attached, for the purchase of comprehensive medical evaluation services for Fort Lauderdale Fire and Ocean Rescue personnel with Life Extension Clinics, Inc. d/b/a Life Scan Wellness Centers in the amount of \$469,117; and authorize the City Manager or designee to approve three one-year renewals contingent upon appropriation of funds.

**Background**

While completing their accreditation process through the Commission on Fire Accreditation International (CFAI) in late 2014 and accreditation status in August 2015, Fire Rescue staff conducted a comprehensive risk analysis and identified the need to implement mandatory annual physicals and immunizations for incumbent full-time personnel under a well-defined and medically validated wellness/fitness program. Additionally, this is a CFAI core competency under Category 7 – Human Resources, Criterion 7G: Wellness/Fitness Programs.

Currently, Fire Rescue provides entry level physical examinations for all Firefighter/Paramedics and Ocean Rescue Lifeguards, and annual medical screenings for Hazardous Materials and Marine/Dive Teams in which they receive limited immunizations. Fire Rescue provides an employee assistance program through the City's insurance plan (Cigna) that is available to all Fire and Ocean Rescue personnel. Additionally, Fire Rescue's Local Union 765 has contracted services with Fire Strong to provide a behavioral health/peer response program. Furthermore, Fire Rescue has two full-time chaplains that are trained in critical incident stress management and are called upon when the need arises.

In December 2015, the Fire Rescue Department applied for funds through the US Department of Homeland Security, Federal Emergency Management Agency's

Assistance to Firefighters Grant. In August 2016, the Department was notified that its funding application for a wellness/fitness exam was approved in the amount of \$428,010, which included a 10% cash match of \$42, 800 from the City. On September 7, 2016, the City Commission approved acceptance of the grant award (CAM 16-1031) for which funds were appropriated in the budget amendment approved via CAM 16-1028.

The background of the solicitation process includes the following:

- October 21, 2016 – RFP No. 975-11824 was issued for comprehensive medical evaluations for Fire Rescue personnel.
- November 29, 2016 – The RFP closed with a total of two firms submitting proposals:
  - Life Extension Clinics, Inc. d/b/a Life Scan Wellness Centers
  - The Doctors Center Health Service, Inc.
- December 5, 2016 - The evaluation committee, consisting of Battalion Chief Jo-Ann Lorber (Administration), Battalion Chief Troy Cool (Operations), and Battalion Chief Mike Salzano (Operations and Local Union 765 Vice President), met with Procurement Specialist Hendry Lopez (Finance) to evaluate and rank the firms based on the evaluation criteria shown below:

EVALUATION CRITERIA	WEIGHT
Understands the Scope of the Project	20%
Experience	20%
References, Past Performance	20%
Total Project Cost	40%
TOTAL	100%

The two firms were ranked as follows:

- Life Extension Clinics, Inc. d/b/a Life Scan Wellness Centers (1st Place)
- The Doctors Center Health Service, Inc. (2nd Place)

Staff recommends awarding the contract to Life Extension Clinics, Inc. d/b/a Life Scan Wellness Centers, as they have been deemed the lowest cost, responsive and responsible proposer. The Statement on Standards for Attestation Engagements 16 (SSAE 16) report requirement that was placed in the RFP by the City Auditor was

waived based on similar projects done by the awarded vendor for other government agencies.

### **Resource Impact**

There will be a fiscal impact to the City in the amount of \$469,117 for the contract award.

<b><i>Funds available as of February 10, 2017</i></b>					
<b>ACCOUNT NUMBER</b>	<b>INDEX NAME (Program)</b>	<b>CHARACTER CODE/ SUB-OBJECT NAME</b>	<b>AMENDED BUDGET (Character)</b>	<b>AVAILABLE BALANCE (Character)</b>	<b>AMOUNT</b>
129-GWELL17-3199	FY15 AFG Wellness/Fitness	Other Professional Services	\$470,810	\$470,810	\$469,117
<b>TOTAL AMOUNT ►</b>					<b>\$469,117</b>

### **Strategic Connections**

This item is a *Press Play Fort Lauderdale Strategic Plan 2018* initiative, included within the Public Safety Cylinder of Excellence, specifically advancing:

**Goal 9:** Be the safest urban coastal City in South Florida through preventative and responsive police and fire protection.

**Objective 2:** Provide quick and exceptional fire, medical, and emergency response.

This item advances the *Fast Forward Fort Lauderdale 2035 Vision Plan: We Are Ready*.

### **Exhibits**

Exhibit 1 – Contract

Exhibit 2 – Business Associate Agreement

Exhibit 3 – Solicitation

Exhibit 4 – Final Ranking

Exhibit 5 – Life Extension Clinics Proposal

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Prepared by: Jo-Ann Lorber, Fire Rescue  
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Linda Blanco, Finance

Department Directors: Robert F. Hoecherl, Fire-Rescue  
Kirk Buffington, Finance