



ented by 

NOVEMBER 13, 2016

WHEELCHAIRS 6:30 A.M.
HALF MARATHON 6:35 A.M.
LIFE TIME 5K 7:15 A.M.

S START
— 13.1 COURSE
— 5K COURSE

 **U-TURN** **RELAY EXCHANGE** **WATER STATION**

START AREA DETAIL

SW 1ST AVE

E BROWARD BLVD

SE 1ST ST

SE 1ST AVE

SE 2ND ST

E LAS OLAS BLVD

SE 5TH AVE

NEW RIVER DR

SE 6TH ST

S ANDREWS AVE

S. FEDERAL HWY

1

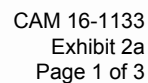
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November 13th, 2016
Michelob Ultra 13.1 Fort Lauderdale Marathon
Course Turn by Turn

- Start: SW 1st Ave at SW 2nd Street Intersection
- SOUTH on SW 1st Ave
- LEFT SE 1st Ave
- RIGHT SE 2nd Street
- LEFT SE 5th Ave (towards Broward Financial Building)
- Follow around curve EAST towards US 1
- RIGHT US 1
- Follow under tunnel
- LEFT Ponce de Leon Drive
- RIGHT SE 9th Ave
- LEFT SE 11th Court
- LEFT Cordova Rd
- LEFT SE 7th Street
- RIGHT Ponce de Leon Drive
- Follow (inside loop) around cul-de-sac to head SOUTH on Ponce de Leon Drive
- RIGHT SE 9th Street
- RIGHT N Rio Vista Blvd
- STRAIGHT over US 1 over pass
- LEFT along East Ave
- RIGHT SE 6th Street
- RIGHT over S Andrews Ave Bridge
- RIGHT E Las Olas Blvd
- RIGHT Las Olas Way
- Turns into SE 5th Ave
- RIGHT E Las Olas Blvd
- Left A1A (North)
- Turn around across from St Pius X Church
- SOUTH on A1A
- Finish: 600 Seabreeze Blvd

13.1 FTL Course Time Estimates

<u>Approx. Location/Area</u>	<u>Approx</u>	<u>Wheelchair*</u>	<u>Lead Runners</u>	<u>Half Slow</u>
Pace:	<u>Mile</u>	3:00/mile	5:00/mile	16:00/mile
START: SW 1st Ave/SW 2nd Street	0	6:30 AM	6:35 AM	6:35 AM
S Federal Hwy (heading under bridge)	1	6:33	6:40	6:51
SE 11th Court/ SE 12th Way	2	6:36	6:45	7:07
Ponce de Leon Drive/ SE 9th Street	3	6:39	6:50	7:23
East Ave (parallel to S Federal Hwy)	4	6:42	6:55	7:37
E Las Olas/Las Olas Way	5	6:45	7:00	7:53
E Las Olas Blvd/ SE 16th Avenue	6	6:48	7:05	8:09
E Las Olas Blvd/ SE 25th Avenue	7	6:51	7:10	8:25
A1A (N)/ Bayshore Drive	8	6:54	7:15	8:41
A1A North (North of E Sunrise Blvd)	9	6:57	7:20	8:57
A1A (N)/ NE 21st Street	10	7:00	7:25	9:13
A1A (S)/ NE 14th Court	11	7:03	7:30	9:29
A1A (S)/ Terramar Street	12	7:06	7:35	9:45
A1A (S)/ SE 5th Street	13	7:09	7:40	10:01
FINISH	13.1	7:10	7:41	10:05
	Approx. time:	40 minutes	1h 6 minutes	3h 30 mins
	Time of day at the finish line:	7:10 AM	7:41 AM	10:05 AM
	*Wheelchair start is 6:30 AM			