

# Human Resources Department

Informational Presentation
To City Commission

August 18, 2015



#### Completed

- Maximize participation with the employee health and wellness center
  - Press Play Fort Lauderdale Strategic Plan 2018
     Initiative
    - Goal 11: Be a well-trained, innovative, and neighbor-centric workforce that builds community.
    - Objective 2: Improve employee safety and wellness



- Temporary Site Opened May 22, 2013
- Permanent Site Opened July 8, 2013



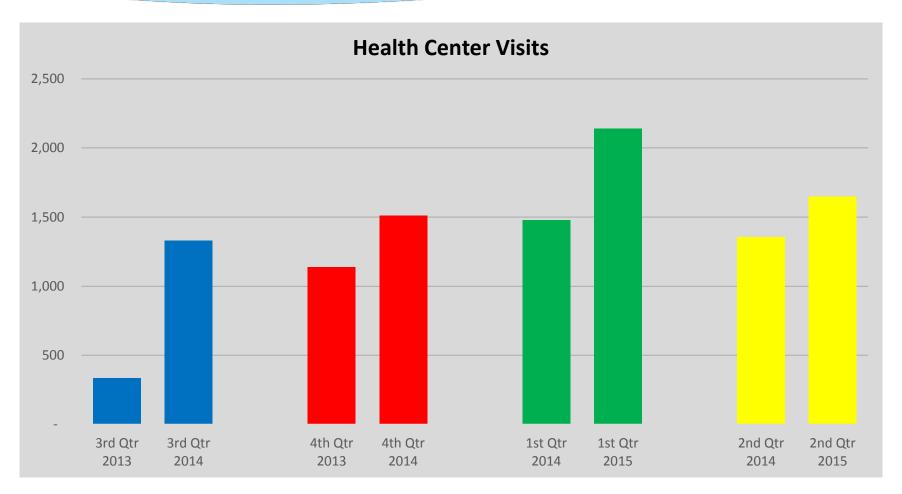




- Available to employees and covered dependents (age 6 and over) in the selffunded health plan administered by Cigna
- 76% of all eligible employees and 19% of covered dependents have utilized the Health Center



#### Utilization





- In both 2014 and 2015, 98% of all eligible employees completed a biometric testing and a Health Risk Assessment
- 63% had chronic conditions or were high risk
  - 85% have been engaged with staff at the Health Center, with 71% making clinically documented reductions in risk



- Recently conducted patient satisfaction survey indicated out of 69 respondents:
  - 90% Very Satisfied
  - 10% Satisfied
  - 0% Dissatisfied
- Comments from employees about their experience at the Health Center



# Health and Wellness Awards

- American Heart Association Fit Friendly Award
  - 2013 and 2014 Platinum
- Florida's Surgeon General Worksite Wellness Award
  - 2014
- Marathon's "Healthy Like Me" Award
  - Retired employee John McDowell received this award from Marathon the 4th quarter of 2014



#### Wellness Initiatives

- Fitbits and blood pressure monitoring devices are being distributed at the Health Center
- Employee led Yoga classes
- Ongoing Wellness Events





#### In Progress

- Establish a comprehensive "We Build Talent" employee training and development program
  - Press Play Fort Lauderdale Strategic Plan 2018
     Initiative
    - Goal 11: Be a well-trained, innovative, and neighborcentric workforce that builds community.
    - Objective 1: Foster professional and rewarding careers



#### "We Build Talent"





Learning and Development

Expenditure Investment for Employees





#### "We Build Talent"

- Compliance Guidance
- Professional Development
- Personal Development



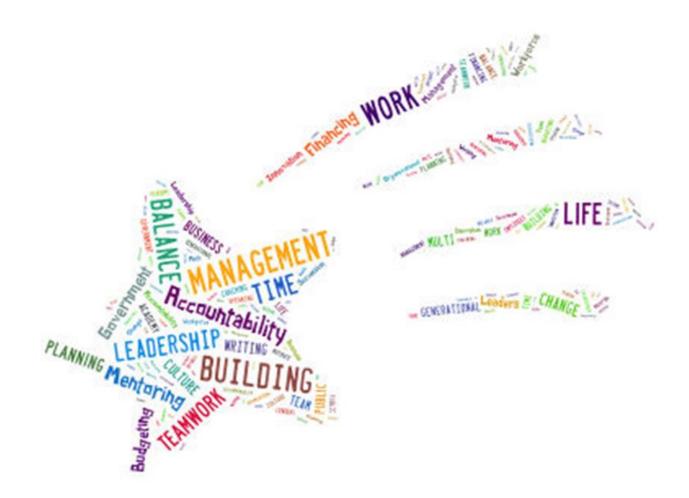


### Compliance Guidance





### **Professional Development**





### Personal Development





### "We Build Community"

- Need to be mindful of needs of all Community Builders
- Shift the paradigm from transactional training to strategic, holistic development
- Challenges to success include competing priorities limiting staff availability for opportunities



#### In Conclusion

#### We wish you

- Continued Growth and Development
- Much Health and Wellness
- and



