



**CITY OF FORT LAUDERDALE
City Commission Agenda Memo
REGULAR MEETING**

#24-0121

TO: Honorable Mayor & Members of the
Fort Lauderdale City Commission

FROM: Susan Grant, Acting City Manager

DATE: May 21, 2024

TITLE: Motion Approving Amendment #1 to Agreement for Employee Health
Center Administration with Marathon Health, LLC - \$49,048 -
(Commission Districts 1, 2, 3 and 4)

Recommendation

Staff recommends the City Commission approve Amendment #1 to Employee Health Center Administration with Marathon Health, LLC, in substantially the form attached, to adjust medical staffing, for an additional \$49,048 on an annualized basis. Included in this recommendation is a reduction of the physician hours by four hours per week and an increase in the nurse practitioner hours by twelve hours per week, which provides a net additional eight hours per week.

Background

Marathon Health, LLC, (“Marathon”), provides City Health Plan members with accessible primary, preventative, acute care, wellness, disease management, health coaching, and a limited generic formulary, among other services to City employees and family members enrolled in any of the City’s health plans (CAM #23-0227). In Marathon’s on-going efforts to offer exceptional care to the City’s Plan members, they noticed some administrative challenges which appeared to be related to an increase in patient volume. City staff responded and requested a utilization report for the past three years to document the volume. According to the report, 2021 and 2022 average monthly appointments at the Health Center were 473 and 453 respectively. However, in 2023 there was a significant increase in utilization with monthly appointments averaging 571.

To assist in the administration of this increased volume, Marathon has requested an increase in staffing to include an additional 20 hours per week for the part-time medical assistant. This would increase the medical assistant staffing from 2.5 FTE to 3.0 FTE. The cost of this increase is \$49,048 on an annualized basis, increasing the cost of this contract year’s services (assuming a commencement date of April 4, 2024, for the part-time medical assistant) from \$1,264,985 to \$1,314,033.

In addition, Marathon had temporarily instituted an administrative change to accommodate the physician’s schedule and to pilot the addition of the nurse practitioner hours (8 hour

net gain), which was intended to provide more provider hours and access. This pilot has been successful in providing more volume and access to members at no additional cost to the city. Marathon has absorbed the financial impact of this change in staffing since 2022 and will continue to absorb the cost which equates to \$13,936 annually.

As a result, the City’s Health Center is currently staffed with a Physician (0.9 FTE), Nurse Practitioner/Physician Assistant (1.8 FTE), Medical Assistants (2.5 FTE) and Registered Dietician (0.5 FTE).

Resource Impact

There will be a fiscal impact to the City in the amount of \$49,048 annually.

Funds available as of April 29, 2024					
ACCOUNT NUMBER	COST CENTER NAME (Program)	CHARACTER/ ACCOUNT NAME	AMENDED BUDGET (Character)	AVAILABLE BALANCE (Character)	AMOUNT
10-545-2121-519-50-5199	Benefits Admin	Non-Operating Expenses /Other Self-Insurance Claims	\$35,340,935	\$25,315,210	\$49,048
TOTAL AMOUNT ►					\$49,048

Strategic Connections

This item supports the *Press Play Fort Lauderdale 2029 Strategic Plan*, specifically advancing:

- Guiding Principles, Fiscal Responsibility

This item advances the *Fast Forward Fort Lauderdale 2035 Vision Plan: We Are United*

This item supports the *Advance Fort Lauderdale 2040 Comprehensive Plan* specifically advancing:

- The Internal Support Focus Area
- Implementation Element
- Goal 1: Fort Lauderdale Comprehensive Plan shall accomplish City’s *Fast Forward Fort Lauderdale 2035 Vision Plan* regarding the City’s future growth and the six Cylinders of Excellence and shall be the City’s primary policy document to guide all of its activities and development.

Attachments

- Exhibit 1 - Amendment #1 to Agreement for Employee Health Center Administration
- Exhibit 2 - Staffing Proposal
- Exhibit 3 - Appointment Trend 2021-2023

Prepared by: Guy Hine, Risk Manager, Human Resources

Department Director: Jerome Post, Human Resources