



CITY OF FORT LAUDERDALE
City Commission Agenda Memo
REGULAR MEETING

#20-0620

TO: Honorable Mayor & Members of the
Fort Lauderdale City Commission

FROM: Chris Lagerbloom, ICMA-CM, City Manager

DATE: September 1, 2020

TITLE: Motion Accepting Grant from the United States Department of
Homeland Security, Federal Emergency Management Agency FY19
Assistance to Firefighters Grant in the Amount of \$1,074,072 -
(Commission Districts 1, 2, 3 and 4)

Recommendation

It is recommended that the City Commission accept a grant from the United States Department of Homeland Security (USDHS), Federal Emergency Management Agency (FEMA) in the amount of \$1,074,072.

Background

In February 2020, the Fire Rescue Department applied for funds through the USDHS/FEMA, Assistance to Firefighters Grant, whose purpose is to provide funds to National, State, Local, or Community organizations recognized for their experience and expertise with respect to Fire Prevention or Firefighter safety programs and activities.

On July 31, 2020, the Department was notified its funding application for a NFPA 1583 compliant Fitness/Wellness and Injury Reduction Training Program was approved.

The Fort Lauderdale Fire Rescue Department (FLFR) requested grant funds to implement a long, sought-after NFPA 1583 compliant Fitness/Wellness and Injury Reduction Training Program for all sworn members of FLFR. All facets of the program will focus on building a workforce that is physically, mentally, and emotionally resilient to safely and will efficiently accomplish the overall mission of FLFR.

Following consultation with representatives from other fire rescue departments, who have implemented like workshops and with associated vendors, the grant will allow for twelve (12) workshops offered in three (3) series, with the duration of each workshop being eight (8) hours. The series will cover physical fitness, nutrition, behavioral health/stress management, mental performance, injury prevention, and sleep management, and will be taught by experts in their respective fields. It is anticipated each workshop will be attended by 35 personnel as follows:

- Series 1 – Day 1 Curriculum – 12 days (8-hrs./day) with 35/day
- Series 2 – Day 2 Curriculum – 12 days (8-hrs./day) with 35/day
- Series 3 – Day 3 Curriculum – 12 days (8-hrs./day) with 35/day

Additionally, there will be individual movement screenings that identify and highlight the individual's predisposition to injuries. Following the screenings, comprehensive exercise guides will be provided to everyone to mitigate the injury risks. This will also include a sustainability platform (on-line application) for members to develop individual workout plans, view proper form to utilize for various exercises, retrieve healthy recipes and daily workouts, as well as on-line access to health and wellness experts to address personal questions.

Furthermore, grant funds will cover overtime costs for operations' personnel to attend the twelve workshops offered in three (3) sessions, with the duration of each workshop being eight (8) hours; overtime backfills for mandatory, minimum-staffed operational positions.

The successful implementation of a comprehensive health and wellness program has proven to reduce injuries, their associated costs, and employee sick leave usage in other jurisdictions across the country.

The City of Fort Lauderdale has been awarded \$976,429.09 from the USDHS/FEMA with a \$97,642.91 (10% local cash match).

Resource Impact

There is a positive fiscal impact to the City in the amount of \$976,429.09 and a local cash match in the amount of \$97,642.91. Funds are being appropriated through companion agenda item, CAM #20-0094.

<i>Funds available as of August 5, 2020</i>					
ACCOUNT NUMBER	INDEX NAME (Program)	CHARACTER CODE/ SUB-OBJECT NAME	AMENDED BUDGET (Character)	AVAILABLE BALANCE (Character)	AMOUNT
129-GPFIT20-C319	FY19 AFG Fitness/Wellness	INTERGOVT REVENUE/ DHS- FEMA	\$0.00	\$0.00	\$976,429.09
129-GPFIT20A-Q001	FY19 AFG Fitness/Wellness (Match)	Other Sources/General Fund	\$0.00	\$0.00	\$97,642.91
			APPROPRIATION TOTAL ►		\$1,074,072

	INDEX NAME (Program)	CHARACTER CODE/ SUB-OBJECT NAME	AMENDED BUDGET (Character)	AVAILABLE BALANCE (Character)	AMOUNT
129-GPFIT20-3199	FY19 AFG Fitness/Wellness	Services and Materials/Other Professional Services	\$0.00	\$0.00	\$976,429.09
129-GPFIT20A-3199	FY19 AFG Fitness/Wellness (Match)	Services and Materials/Other Professional Services	\$0.00	\$0.00	\$97,642.91
				APPROPRIATION TOTAL ►	\$1,074,072

Strategic Connections

This item supports *Press Play Fort Lauderdale 2024 Strategic Plan*, specifically advancing:

- The Public Safety Focus Area
- Goal 6: Build a safe and well-prepared community.
- Objective: Provide quick and exceptional fire, medical, and emergency response.

This item advances the *Fast Forward Fort Lauderdale 2035 Vision Plan: We Are Community*.

Related CAM

#20-0094

Attachment

Exhibit 1 – Grant Acceptance Letter

Prepared by: Jo-Ann Lorber, Assistant Chief, Fire Rescue

Department Director: Rhoda Mae Kerr, Fire Chief